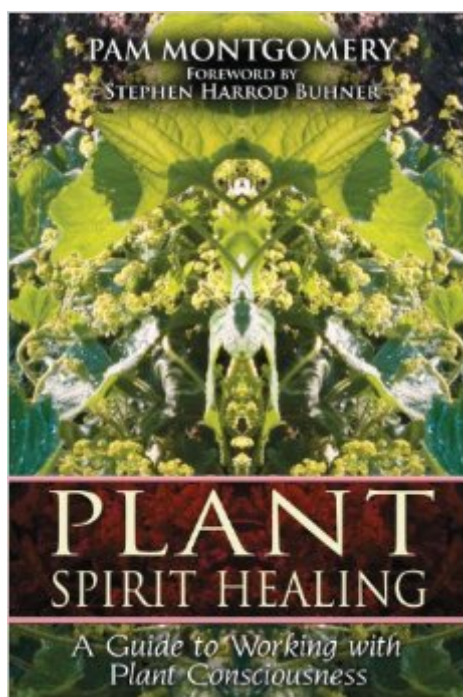


The book was found

Plant Spirit Healing: A Guide To Working With Plant Consciousness



Synopsis

A hands-on approach to working with the healing powers of plant spirits • Explores the scientific basis underlying the practices of indigenous healers and shamans • Illuminates the matrix where plant intelligence and human intelligence join • Reveals that partnering with plants is an evolutionary imperative Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can communicate through light, sound, and vibration. Now scientific studies are verifying this understanding. Plant Spirit Healing reveals the power of plant spirits to join with human intelligence to bring about profound healing. These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature. Plants are more than their chemical constituents. They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place. In this book, herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing. She offers a process engaging heart, soul, and spirit that she calls the triple spiral path. In our modern existence, we are increasingly challenged with broken hearts, souls in exile, and malnourished spirits. By working through the heart, we connect with the soul and gain access to spirit. She explains that the evolution of plants has always preceded their animal counterparts and that plant spirits offer a guide to our spiritual evolution--a stage of growth imperative not only for the healing of humans but also the healing of the earth.

Book Information

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Customer Reviews

This accessible yet comprehensive book is a tremendous gift of both wisdom and practical application on how the universe actually works and how to tap in and play a part yourself. Plant Spirit Healing is about the difference between knowing about a plant (available through book learning and use) and experiencing its spirit - where you merge with it, communicate through an exchange of insights, and achieve a full and lasting relationship. This book benefits from Pam Montgomery having taught and honed this material many times. If you cannot take Montgomery's apprenticeship program and experience her own ebullient spirit, this book is the next best thing. Emphasizing that each person's knowing and experience of different plants may be different in what is really a Both/And, rather than an Either/Or, universe, Montgomery guides you to find your own plant spirit guides appropriate for this time in your life journey. Chances are who they are will surprise you. This remarkable book takes the reader on a journey from (possibly) skeptical interest in plant spirits, to plausible, to possible, to practical. At no point does the journey include religious overtones or spacey far-out suggestions. Montgomery builds a foundation based on physical and energetic qualities of both people and plants. Each new parcel of knowledge is presented in a flowing sequence based upon previously explained information. The trip is full of "of course" moments where you recognize that you already knew what she is presenting, but perhaps did not know where to place it in your established body of knowledge. As much as anything this book greatly expands and updates your established body of knowledge.

Okay, maybe it's just me but it's been hard to read this book. Not because I do not understand it, I understand what Pam is trying to say just fine. And that's the problem. There is nothing new so far that I have not read in other sources. I went ahead and gave the book three stars, grudgingly. The problem is boredom. I am well over half way through the book and it has taken me a long time to get there because I lose interest due to old subject matter being rehashed. She spent the first half of the book pretty much going over information that has been around for awhile now (The Field came out in 2001 and is a good intro into psi subjects. The Field has long been since superseded by McTaggart's more current books The Intention Experiment and other work). Information on plant consciousness and chakras has also been around for sometime now. Unless you are young (late teens, early twenties) and/or just starting your studies in psi subjects, eastern practices, etc., or you have never read anything on any of the subjects Pam talks about (a real novice/beginner), you might find this book hard to stay awake through. What Pam should have done is give a much shorter reference (more like a nod than a full blown talk) to the topics she spends chapters on in the first half of the book and move on to the current application instead. For example say "There are too

many references on the subject of plant consciousness but a quick note here " or "There is not enough room to cover everything about chakras here but in short...." for example. List some of those references/books in the appendix for those who want to learn more about chakras, plant consciousness, etc. Then move on to what she really seemed to be getting at.

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